

# How to pack a diaper bag

## MUST HAVES

2 full outfits

- Onsies
- Socks
- Singlets
- Pants

Hat - warm + sun

Blanket

Diapers 3-5

Wipes

Changing mat

Diaper cream

Hand sanitizer

Burp cloth

Bibs

Pacifier

Nursing cover

Spare cloths

Bottles/formula  
(if required)

## HELPFUL

Toys

Snot sucker

Baby Carrier

Push chair

Extra top for mom

Nipple cream

Breast pads

## EXTRAS

Thermometer

Nail clippers

Lotion

Brush

Q tips

Waterbottle

(for mom)

